

Photo by Chloe Green

Monday, November 4, 2024 Issue 7 Vol. 135



Volleyball 2024

















Photos by Chloe Green

LC State Volleyball 2024 season players including:

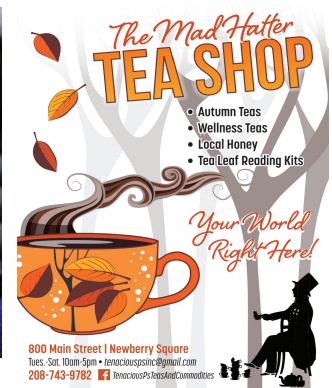
Abbey Neff (1)4Ella Stocich (2)1Abby Beaton (3)1Esther Kailiponi (4)1Hallie Seaman (5)1Taylor Boyce (6)1Kate Schneider (7)7Teagan Scott (8)6Gianna Anderson (9)1Missy Mortensen (11)1Hannah Dotson (13)

Anna Merrill (14) Natany Felix Guimaraes (15) Karissa Lindner (17) Juliauna Forgach Aguilar (18) Makenzie Stout (20) Katie Rainville (21) Taylin Rowley (22)

Volleyball 2024









Join Us For Our Weekly Open Meeting!

Come hang out, have fun, and stay in the know. Fridays at 11:30 a.m. in the Clubhouse (SUB/CSL 219)

Follow Us On Instagram! @TheASLCSC





Warriors Wrap up 2024 Volleyball Season

By Emmett Demlow

As the regular season comes to a close for LC State's Volleyball squad, The Pathfinder is looking back on 2024 and celebrating the success of our Warriors.

Although the Warriors finished the 2023 season at 10-18, there were still plenty of expectations heading into this season. Second-year head coach Katie Palmer entered the season hoping to find a balanced and competitive roster, and that is exactly what she got. As of October 28, the team is 13-10 with their sights set at a possible run in the upcoming Cascade Collegiate Conference tournament.

LC State opened up their season with a tough road trip in Nebraska, but they were able to start the season off hot, taking two out of three games including a win over the then #17 ranked team in NAIA, College of Saint Mary. On the final game of the road trip, Junior outside hitter Juliana Forgach Aguilar posted 27 kills, and the team recorded a season-high 65 total kills in an outstanding match against Hastings College.

The Warriors then returned home for the Hells Invitational, Canyon

where they once again won two of the three games. In the home opener against Pacific Union, LC State put up a dominant performance, holding the Pioneers to 32.0 points en route to a sweep. The team continued their dominance in a win over Walla Walla University that same day, winning 3-1 in a game where LC State out blocked Walla Walla 9-2.

After a short two game slide, LC State rebounded with an incredible five game win-streak, putting up some of their best performances of the year. During the streak, the Warriors only lost four sets. The team also averaged a .283 hitting percentage, their best over a five-game stretch all season. LC State set a season-high mark in assists against Multnomah, hitting 63 as a team. In the last match of the streak against Oregon Tech, setter Esther Kailiponi recorded her 1,000th career assist, a milestone stat for the junior.

While the Warriors lost their winning streak against #5 Southern Oregon, they still were able to play one of their best games of the season. The team hit 16 blocks in four sets, a season-high. 10 of the blocks came from Senior middle blocker Missy Mortensen.

played an outstanding game against the currently ranked College of Idaho, winning in five sets. Forgach Aguilar was the star conference with 16.2 digs of the game, recording a career-high 32 kills to help push the Warriors to a win in a game where they were outplayed in both assists 375 and 338 respectively. and blocks.

State's last six games have kept their conference playoff hopes firmly in view. The Warriors posted their two highest hitting percentages of the year in this stretch, hitting .347 against Evergreen State, and .430 against Warner Pacific. In the homecoming game tivity Center, with a 7-4 reagainst Evergreen State, not only did the offense crowd. catch fire with ten different setter Abbey Neff also recorded her 2.000th career assist.

The Warriors have had plenty of statistical successes throughout the season. As of October 28, Juliana ranked sixth in the con-Forgach Aguilar leads the conference in kills, tallying an astounding 395 kills so far this season. Missy Mortensen ranks sixth in playoffs this year! the conference in hitting percentage, hitting .306 with only 26 errors all season at the blocker position.

Libero Natany Felix Guimaras has led a team-wide

On October 4, LC State effort of successful digs this season, as she ranks fourth in the conference with 4.88 digs per set. The team as a whole ranks second in the per set.

> Esther Kailiponi and Abbey Neff have both eclipsed 300 assists this season, with

Kailipni, Makenzie Stout, Three sweeps in LC and Ella Stosich have all performed well as servers, with over 25 service aces each. Missy Mortensen leads the squad with a resounding 81 blocks on the season.

> So far, the team has performed at their best when playing in the P1FCU Accord in front of the home

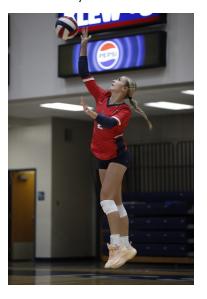
The Warriors have two players recording a kill, but games left in the regular season at home, on November 8 against Bushnell and November 9 against Corban University for senior night.

> LC State is currently ference with a 10-8 record within the CCC. Make sure to support your hometown squad as they push for the

For more, visit lcwarriors. com



Photos by Chloe Green





LC State Theater Program Presents "The Turn of The Skrew"

By LC State Office of **Communications** and Marketing

The Lewis-Clark State College theatre program will perform "The Turn of the Screw" from Nov. 7-17 at the Silverthorne Theatre. The play is open

to the public and appropriate for ages 12 and up.

"This play will have you asking what is real and what isn't. Who and what can you trust? Can vou believe even your own eyes," said Visiting Instructor of Theatre Lane Richins.

Tickets can be purchased by cash only at the door and general admission tickets are \$10. Tickets for seniors, military, veterans, and students from other schools

are \$5. LC State students will receive free admission with a student ID card. The play will begin at 7:30 p.m. on Thursdays, Fridays, and Saturdays, and at 2 p.m. on Sundays.

"A wealthy uncle from London hires a governess to care for his niece and nephew in the country manor of their dead parents. What she finds there, and what happens next... would not be very nice to give away here," said Richins. "This spectral, eerie ghost story is simply staged, putting a premium on imagination. The show features two electrifying actors giving powerhouse performances: LC State students Jessica Riggs and Zachary Steadman, both biology majors. It also benefits from the

talents of dialect coach Finn Drayden and Lighting Designer Clint Heimgartner."

The play has been adapted by Jeffrey Hatcher from the novel by Henry James.

For more information on the play, contact Richins at blrichins@lcsc.edu.



CAN'T HIDE YOUR



Whats Happening

Local News

The Upriver Youth

Leadership Council

(UYLC), in

collaboration with the

Idaho State Liquor

Division and the

Idaho Office of Drug

Policy, is actively

running the Holiday

Sticker Shock

Campaign to combat

underage drinking.

A Craigmont man is

facing a felony

charge after allegedly

kicking a police

officer that was called

to an incident on

Main Street in

Lewiston.

The Lewiston High

School Girls soccer

team secured 6 spots

on the 5A Inland

Empire League (IEL)

First Team, along

with their coach Scott

Wimer voted "Coach

of the Year" for the

second consecutive

year.

On October 30.

2024, at 12:15 PM

local time, a

magnitude 6.0

earthquake occurred

off the coast of

Oregon, according to

the U.S. Geological

Survey (USGS). The

epicenter was

located at 43.544°N.

127.799°W,

approximately 173

miles west of

Bandon, Oregon.

World News

A Russian court fines Google \$2.5 decillion for blocking pro-Kremlin channels on YouTube

A ten-story hotel collapses in Villa Gesell, Argentina, killing one person and leaving at least seven others trapped.

Portuguese police activate special security protocols in response to two large demonstrations in Lisbon following the fatal shooting of a Cape Verdean immigrant by a police officer in Amadora on Monday, which resulted in widespread riots.

The number of people who have become ill in an E. coli outbreak linked to McDonald's **Quarter Pounder** hamburgers in the United States increases to 75.

The British government announces that single-use vapes will be banned in England and Wales beginning on June 1 2025

North Korea launches an intercontinental ballistic missile on a "lofted trajectory" towards the Sea of Japan. Japanese Defense Minister Gen Nakatani says it was the longest-ever launch of a North Korean ICBM at 87 minutes long, marking significant progress in range compared to previous tests.

The World Food Programme warns of intensifying famine conditions in northern Gaza caused by ongoing Israeli aid blockades.

A team of archaeologists announce the discovery of more than 6,000 ancient Mayan structures hidden by vegetation in the southeastern Mexican state of Campeche, including a city of pyramids they dubbed Valeriana

Ukraine reports that the first North Korean units have entered the active "warzones" in Russia's Kursk **Oblast. The North** Korean soldiers are reportedly under the command of Deputy

A high court in Gulu, Uganda, sentences former Lord's **Resistance Army** commander Thomas Kwoyelo to 40 years in prison on 44 counts of war crimes and crimes against humanity, including enslavement, torture,

and rape.

Crowdstrike's global

regarding military plans for Israeli retaliation against **Defence Minister** Yunus-bek Yevkurov.

National News

Delta Air Lines files

a lawsuit against

cybersecurity

company

CrowdStrike after

outages in July

forced the airline to

cancel more than

7,000 flights,

costing Delta Air

Lines over \$500

million.

Four people are

killed when a

helicopter crashes

into a radio tower in

Houston, Texas,

United States.

The FBI announces

an investigation into

the leaking of

classified U.S.

intelligence

documents

Iran.

Four people, including the perpetrator, are killed in a mass stabbing in Cincinnati, Ohio. United States.

Intelsat communications satellite Intelsat 33e breaks up in Earth's orbit, resulting in network disruptions to customers in Europe, Africa and parts of the Asia-Pacific region. The United States Space Force says they are tracking at least "20 associated pieces" of the satellite.

Five members of a family, including three teenagers, are killed in a mass shooting in Fall City, Washington, United States.

The presidential

campaign of former

U.S. President

Donald Trump files

a formal complaint

to the Federal

Flection

Commission

against the United

Kingdom's Labour

Party, accusing the

Labour Party of

"blatant foreign

interference" in the

election to support

the Kamala Harris

presidential

campaign.

The U.S. Defense Department finalizes a U.S. \$20

billion loan to Ukraine for military and economic support as part of a collective U.S. \$50 billion loan between G7 members

At least two people are killed and 309 others are rescued in flash flooding in Roswell, New Mexico, United States.

According to Asotin **Country Fire District** #1. when the first crews arrived they found a fully involved home with fire and smoke extending into another home next door. Two residents were transported by

> ambulance to St. Joseph Regional Medical Center with injuries sustained in the fire. State officials announced Wednesday that a severe form of bird flu has been detected for the first time in a pig on a small unidentified farm in

Crook County in central Oregon. The Orofino Police Department announced that it will once again sponsor and participate in the

Christmas 911

program, a local initiative aimed at providing full Christmas dinners and gifts to families in the community experiencing hardship. Now in its 15th year, the program has successfully supported up to 30 families and 70 children annually.

The U.S. Fish and Wildlife Service is offering a \$10,000 reward for information on the killing of two gray wolves in Washington this month.

Animal News

Grizzly 399, famed Yellowstone area bear, killed in Wyoming car accident. The U.S. Fish and Wildlife Service said the 28-year-old bear was identified through her microchip after being hit on a highway in Snake River Canyon.

9 monkeys who died in Hong Kong zoo had been infected with melioidosis, officials say. The deaths may be related to digging work to repair some irrigation pipes under the flower bed near the monkey cages in early October, an official said.

Bao Li, a 3-year-old male, and Qing Bao, a 3-year-old female, are the latest of their species to be sent to the U.S. after a series of repatriations from American zoos raised concerns that geopolitical tensions could be hurting "panda diplomacy," a longtime symbol of friendship between the world's two largest economies.

Alligators and snakes lurk in Florida floodwaters after Hurricane Milton

Alaska's annual fat bear competition results are in Female bear "Grazer" won her second competition in a row and beat "Chunk", a male who had killed Grazer's cub over the summer The competition was bracket style starting with 12 bears who have been fan voted down.

Gov. Jeff Landry confirmed his support on Tuesday of restarting the tradition of bringing Louisiana State University's live tiger mascot onto the football field ahead of home games.

Drone video of gray whales captured over seven years off Oregon has revealed new details about how the giant marine mammals find and eat food.

What's Happening On Campus



DeArmond Planting Party

By Craig Newsom

Hyacinth peek out from previously with two mem- visor of Landscape Ser- The greenhouse saves the the freshly turned and bers of the North Idaho vices for NIC explained college money and affords fortified soil in front of College staff to turn some that planting in front of the staff the opportunity to the DeArmond Center at "quarter green" into the this building has been a take full responsibility for the Coeur d'Alene High- soil in preparation for the challenge. This is due to the plants from the time er Education Campus this planting day. The event the Southern sun shining they sprout to the time they Spring. More than 25 peo- boasted some treats and off the building in Summer are planted and on. ple shared spades, rakes, beverage service from Alla- combined with the dark trowels and a heart to see din Campus Dining which rock along the concrete Society is hoping to plant things grow. Children and included apple cider, hot walkways creates a real some food bearing plants adults worked side-by-side cocoa and coffee. Children "hotbed" for plants. Saturday to plant three took home a bucket of soil, rows of bulbs in each of the seeds to plant, the memo- looking at options to add Society has been invited two raised beds in front of ries they created during the to the planting this Spring to participate in planting. Four sage event. the building. bushes were also planted

appeal with some upward foundation and the walk- greenhouse and Todd, movement.

Daffodils, Allium and Honor Society met 10 days

Now there is lavender dor Honor Society intends Meyer Health and Sciencand now enhance the street aplenty dressing up the to be there. NIC has a es Building where there is

ways, with a few 'Black "the flower guy," is already

A group from LC State Eyed Susans' scattered in. starting the sprouts that Trevis Wilson, Super- will be next years plants.

> The Ambassador Honor this Spring. There are two The team at NIC are other areas that the Honor and the LC State Ambassa- One on the North side of two small plots that may be just perfect to see who can grow the largest squash, or something else fun.







Who knows? Maybe next year around this time you'll be reading about Idaho's largest pumpkin grown right here by LC State students in CDA. Happy Planting!





What Happened for Halloween

By Daphany Elonen and Jadence Gingerich

If you are 21 or older, the Old School Liquor Bar located in Coeur d'Alene hosted a Halloween Costume Contest Party on Saturday, October 26 between 7-10 pm. There was live music featuring the Tamarack Ridge Band with food, drinks, and prizes for the best dressed!

A Halloween Carnival was hosted in Hayden on Friday, October 25 at 4 p.m. They had vendors, candy, and costumes galore! This was a family friendly event that welcomed family friendly fun. If you were looking for an early Trick or Treat because you had to work on Halloween, there was a Trick or Treat by Riverstone (off of I-90, near North Idaho College Campus) on Saturday, October 26. According to the information provided by the hosts, participating businesses had a balloon outside if they are giving out candy. There will also be a Caramel Apple Bar and Face Painting hosted by The Culinary Stone. The location is 2010 N Main Street in Coeur d'Alene.

Coeur d'Alene Public Library hosted events for Halloween as well. On Sunday and Wednesday (October 27 & 30) for children ages 12 and older they held a Halloween Origami session and then a "Witching Hour Watch Party."

Love running as a side hobby and want to challenge yourself to something more? The North Idaho College had their Halloween Hustle Half Marathon, 10k, 5k & Goblin Shuffle for a spooky jog that participants won't forget. This event was on Sunday, October 27th at the NIC Student Wellness and Recreation Center.

LC State College Warrior Entertainment Board and Gaming Club co-hosted a Human VS Zombies event. This was a cross campus event open to students and community members. It took students all around campus in an epic game of hide-and-go-seek/tag.



The 6th annual Tim or treat event put on at chief timothy was another huge success! There were 35 campers that decorated and even made mazes and each one had 30-40 pounds of candy. There were seven volunteers that came out to help along with 6 staff members and two food trucks, chili blues and Hopikas teriyaki. They had around 600 cars and were able to raise around \$2500.

CDA Mental Health Week

By Craig Newsom

Kristin Moody (right) is the community engagement representative for Safe Passage where Megan Warren (left) is serving her social work internship. In addition to offering an opportunity for students to sit down, rest, and be creative with some beads, they brought a message of hope. Safe passage has 24 hour crisis support for victims of violence, advocates, shelter services and does educational outreach. Thank you Safe Passage for supporting Mental Health Awareness Week!



Day 3 Of mental health awareness week. Students and staff get creative in building bracelets to spread good cheer and a message of hope.





Nothing but fun with kinetic sand for Mariah Mckinnon, Cassidy Morris and her son Mj.

Using kinetic sand helps students be in the moment. The gentle pressures required to manipulate it and the overall sensory experience working with it create tactile input for focus and may help regulate emotions.

The best part? None in our shoes!

Bob & Leona DeArmond

and their commitment to educ

Are you at risk?

Sexually

Transmitte

Infections

In appreciation of



Did you know?

Doing crafts can help us 'destress' when our schedules are demanding. It gives us a chance to take a breath and let the brain take a short break from formal processing. Some essential oils have been shown to uplift mood and calm nervous energy.



Behaviors that increase your risk

- Sex without a condom
- Multiple sex partners
- Having sex while under the influence of drugs or alcohol

Prevention

- Use Condoms
- Limit sexual partners
 Practice abstinence
- Practice absti
 Get Tested!

Scan the QR code to test your knowledge!!!

A virus, bacteria, fungus, or parasite people get through sexual contact.

What is it?



LCSC Student Health Services- Sam Glenn Complex 205 Call (208) 792 2251 to make an appointment



Idaho Climate Change

By Issac Elonen

Dr. Craig Cooper spoke at North Idaho College to discuss climate change and its effect on Idaho's environment on October 26, 2024. Cooper is an environmental scientist who works for Idaho's Department of Environmental Quality and studies the specific effect that global climate change has on the ecosystem of Idaho's lakes and rivers.

During the talk, Cooper presented his findings, much of which has been gathered for over the last one-hundred years, on the effects of global warming and steps that can be taken to mitigate it.

According to Cooper, the first global temperature data on record was captured in the early 1800s. Since then, although there have been dips and spikes in the graph representing the change in global temperature, the earth has witnessed a significant overall increase in temperature over the last two-hundred years.

One of the more consequential changes since the 1800s in this regard is an eight to ten degree increase in temperature over the arctic. This warming results in melting of the arctic icecaps, which leads to rising sea levels.

Cooper laid out a simple chain of events that demonstrate how increased greenhouse gases mer highs for Idaho by mid space, thus leading to pop- can do to convince Idaho's lead to warming. Modern and end of century. The ulation decline. industrial technology emits current summer high avervarious greenhouse gas- age 101 degrees. Summer can do to make an impact down to getting together es as biproducts including highs by mid and end of on the environment, Coocarbon dioxide, methane century increase to 108 and per listed a few of steps that the community leaders, and nitrous oxide. These 111 degrees, respectively. individuals and local com- because they are the ones biproducts carry extra Additionally, average win- munities can take. If it's in that can truly convince the heat with them, but they ter lows in Idaho by the end your budget, he says, mov- legislature to make positive don't disappear- they stick of the century are projected ing to an electric vehicle change. around. As more and more to be above freezing. of these accumulate, the temperature of the atmo- ture rises, so does water tion, Cooper recommends learning more about Coosphere increases.

of global warming. Ininjuries.

Some Idahoans sometimes think that Idaho, with its harsher winters enough, fish such as cut- port goods. and relatively mild summers, is safe from the effects of global warming. Cooper presented findings that, to him, show this to be far from the truth.

One concern he pointed out is that fifty percent of the water Idaho uses comes from melting snowpacks. As temperature rise, the amount of precipitation that comes as winter snowfall decrease as winter rainfall increase. This directly affects the amount of Idaho's usable water. Current projections show that fifty to seventy-five percent of snowfall could possibly be converted to rainfall over the next couple of decades.

Projections also show significant change in sum-

throat, which prefer colder

reduces your carbon foot-When the air tempera- print. For less costly actemperature. One result biking around locally, as per's work can find his Melting icecaps are not this leads to is an increase this has a similar effect. published studies online the only primary concern in algae, impacting the He also added that eating through ResearchGate, an ecology in our lakes. Nota- locally grown food is not open access research site creased temperature also bly, certain fish need water only good for the success of with published studies and leads to more heat-related to be in a specific tempera- local businesses, but it also research from thousands of ture range to inhabit it. reduces the community's scholars. When less of the water in carbon footprint because a lake or river remains cold less gas is required to trans-

water, have less habitable Cooper was asked what we d'Alene)

legislature to act as best we When asked what you can. He said that it comes as a community to talk to

Those interested in

At the end of the talk, (Photo of Lake Coeur





Editor	Advisors						
Shaunasy Pashby	Seth Bradshaw & Dana Parsons						

Assistant Editor Jadence Gingerich Business Manager Lizette Ohlund

Content Contributors

Craig Newsom	Emmett Demlow
Lydia Hellewell	Chloe Green
Issac Elonen	Madelyn Hutchison
Daphany Elonen	7

Support (x2)	Laugh	Restraint
Mindfullness	Yoga	Counselor
Socialize	Emotions	Nap
Hobby	Connect	Time Management
Rest	Prayer	Order
Journal	People	Thankful
Breathe	Healing	Нарру
Fun	Self	Good Envirment
	Mindfullness Socialize Hobby Rest Journal	SocializeEmotionsHobbyConnectRestPrayerJournalPeopleBreatheHealing

А	ſ	S	L	Е	Е	Р	Е	L	U	F	К	Ν	А	Н	Т
J	R	0	Ν	Ν	U	Т	R	Ι	Т	Ι	0	Ν	Е	Х	U
D	ſ	А	U	Т	А	Е	S	Ν	S	V	Н	L	А	D	S
L	Y	G	F	R	S	U	S	0	С	Ι	А	L	Ι	Ζ	Е
М	А	0	D	Т	Ν	I	Е	Т	R	R	Е	F	Н	Н	L
Ι	Е	Y	В	А	L	А	Ν	С	Е	R	W	L	Т	Е	F
Н	Н	D	F	Y	Ι	М	L	Е	Н	G	U	А	L	А	R
D	Н	S	Ι	Ν	К	L	U	Ν	0	Ν	Е	Х	Н	L	Е
Н	D	U	R	Т	G	Х	F	Ν	В	R	Ν	G	Т	I	S
Ν	А	Р	0	К	А	Х	D	0	В	W	D	S	D	Ν	Т
S	U	Р	Р	0	R	Т	Ν	С	Y	В	Ν	Е	W	G	R
Ρ	E	0	Р	L	Е	Ζ	I	С	R	Е	Х	Е	R	0	Α
Q	Р	R	А	Υ	Е	R	М	0	0	G	Ν	А	Е	М	Ι
J	С	Т	В	U	К	С	0	U	Ν	S	Е	L	0	R	Ν
G	0	0	D	Е	V	Ν	V	I	R	0	Ν	М	Е	Ν	Т
А	Т	Ν	Е	М	Е	G	А	Ν	А	М	Е	М	Ι	Т	Α

Content Contributer Spotlight



Hello! My name is Isaac Elonen, and I am twenty-five years old, a husband to my wife, and a father to my beautiful daughter, Elizabeth. I am an Elementary Education Major and junior at LC State. I have lived all over Idaho but grew up mostly in Post Falls. Having just got out of the Army, I have traveled the U.S. and the world many times over and had a blast doing it! My favorite part about being in the military was getting to meet new people. Now that I have settled back down in Idaho, I plan to complete my teaching degree and teach middle school or high school math. In my free time, you can find me fishing, hiking, frisbee golfing or pretty much anywhere outdoors.